## MAY 2025

## **Community Education Building**

## BREAKFAST



Daily Breakfast Favorites: Cereal Variety, Assorted Breakfast Breads, Assorted Yogurt, Bagels and Cream Cheese, Fresk Fruit, & Milk Variety



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.



Fruit, & Milik Variety							
MONDAY	TUESDAY	WEDNES	DAY THUR	SDAY	FRIDAY		
			Trix Muffi Pears		Turkey Sausage, Egg & Cheese on WG Bagel Orange Wedges	2	
WG Assorted Fruit Frudels Whole Apples	5 Waffles Bananas	6 Scrambled Egg w/Hashbrown Pears	-		Turkey Bacon, Egg & Cheese on WG Croissant Orange Wedges	9	
Smoothies W/ Hashbrown Whole Apples	12 Pizza Bagel Banana	13 Pancakes W/ Tur Sausage Pears	rkey Caramel Min Apple Sliv		French Toast Swirl Orange Wedges	16	
French Toast Sticks Whole Apples	19 Blueberry Waffles Bananas	20 Breakfast Bov Pears	vl Stick Apple Slie		Butter Milk Biscuit Chicken Sausage & Egg & Cheese Orange Wedges	23	
Memorial Day	26 WG Breakfast Bun Or Blueberry Crumb Cake Apples	27 Freshly Baked Cinnamon Ro w/Hashbrown Pears	ll Turkey Bac	on & tatoes	WG Birthday Pancakes Apple Sauce	30	