



Daily Breakfast Offering: Cereal variety, Assorted Breakfast Bread, Assorted Yogurts, Bagels and Cream Cheese, Fresh Fruit and Milk Variety



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

April Fools' Day
Egg and Cheese on WG English Muffin

Banana

2
WG Turkey Sausage, egg and cheese wrap

Pears

3
Blueberry Crumb Cake

Pears

4
Turkey Sausage & Cheese Slider on WG Roll w/Hashbrown

Orange Wedges

7
WG Assorted Fruit Frudels

Apple Slices

8
Chicken Sausage Pancake sandwich

Bananas

9
Scrambled Cheese Eggs w/ hashbrowns

Pears

10
Trix Muffin

Apple Slices

11
Turkey Bacon, Egg & Cheese on WG Croissant

Orange Wedges

14
Apple Glazed Donut Holes

Apples

15
Fruit Loop Waffle

Banana

16
Fruit & Yogurt Parfait w/ WG Granola

Pears

17
WG Caramel Mini Cinns

Apple Slices

18
WG French Toast Sticks & Turkey Bacon

Orange Wedges

21
French Toast Sticks

Apples

Earth Day
Turkey Ham & Cheese on WG Croissant

Bananas

23
Breakfast Bowl

Pears

24
Jimmy Dean Breakfast Stick

Apple Slices

National Pretzel Day
WG Birthday Pancakes

Orange Wedges

28
Glazed WG Breakfast Bun

Apples

29
Freshly Baked Cinnamon Roll w/ Hashbrown Patty

Banana

30
WG Blueberry Waffles

Pears

