

FEBRUARY 2025

Community Education Building

LUNCH



Daily Lunch Offering: Soy butter & Jelly, Assorted Salads, Fresh Fruit, Assorted Milks



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Popcorn Chicken w Corn Bread, Spirals Fries & Carroteenies
Chicken Caesar Wrap
Apples

3

Chicken Nacho w Doritos, Steamed Corn & Black Beans
American Cold Cut
Pears

4

Cheese Steak on WG Roll, Potato Tots & Green Beans
Crispy Chicken Wrap
Bananas

5

WG Chicken Empanada w Broccoli & Sweet Potato Fries
Turkey & Cheese
Cantaloupe

6

Chicken Wings w WG Garlic Knot, Mashed Potatoes, Carroteenies & Celery
Turkey Ham & Cheese
Fruit Cups

7

WG Stuffed Breadsticks, Caesar Salad & Carroteenies
Chicken Caesar Wrap
Apples

10

Crispy Chicken Sandwich on WG Roll, Spirals & Carroteenies
American Cold Cut
Pears

11

Turkey Corn Dogs, Baked Beans & Sweet Potato Fries
Crispy Chicken Wrap
Bananas

12

WG Chicken Tenders, Smiley Fries & Green Peas
Turkey & Cheese
Honeydew

13

Chicken Teriyaki w Brown Rice, Green Beans, Celery & Hummus
Turkey Ham & Cheese

14

No Service

17

Presidents Day

Pizza Crunchers w Sauce Cup, Spirals & Carroteenies & Hummus
American Cold Cut
Pears

18

Meatloaf w WG Biscuit, Mashed Potatoes & Green Beans
Crispy Chicken Wrap
Bananas

19

Sweet Potato Fish w Cornbread, Sweet Tots & Corn
Turkey & Cheese
Pineapple

20

Orange Chicken w Brown Rice, Broccoli, Carroteenies & Hummus
Turkey Ham & Cheese
Fruit Cups

21

WG Boneless Wings w WG Mac & Cheese, Peas & Carroteenies
Chicken Caesar Wrap
Apples

24

Beef Nacho w Tostito, Corn & Black Beans
American Cold Cut
Pears

25

Salisbury Steak w Biscuit, Roasted Potato & Green Beans
Crispy Chicken Wrap
Bananas

26

WG Cheese Lasagna w Breadstick, Spinach & Carroteenies
Turkey & Cheese
Grapes

27

General Tso w Brown Rice, Carrots, Celery & Hummus.
Turkey Ham & Cheese
Fruit Cups

28