

JANUARY 2025 COMMUNITY EDUCATION BUILDING

LUNCH



Daily Lunch Offerings: Soy Butter & Jelly, Assorted Salads, Fresh Fruit, Assorted Milks



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**No Service
Snow Day**

6

Chicken Quesadilla w
Salsa, Spiral Fries &
Carroteenies & hummus
Or American Cold Cut
Bananas

7

Meatloaf w WG Biscuit
Potato Tots & Green
Beans
Or Crispy Chicken Wrap
Pears

8

Chicken Tenders w
Mashed Pots &
Steamed Cauliflower
Or Turkey & Cheese
Pineapples

9

Orange Chicken w
Brown Rice, Broccoli &
Carrots
Or
Turkey Ham & Cheese
Oranges

10

Chicken Nacho w
Dorito, Corn & Black
Bean
Or Chicken Caesar Wrap

Apples

13

Chicken Nuggets,
Crinkle Fries &
Carroteenies
Or American Cold Cut
Bananas

14

Cheese Raviolis w Garlic
Knot, Green Peas &
Carroteenies
Or Crispy Chicken Wrap
Pears

15

Chicken & Waffles w
Green Beans & Wango
Mango
Or Turkey & Cheese
Cantaloupe

16

BBQ Teriyaki Chicken w
Brown Rice, Broccoli &
Carrots
Or Turkey Ham &
Cheese
Oranges

17

**No Service
MLK Day**

20

WG Chicken Empanada,
Broccoli & Carrots &
Hummus
Or American Cold Cut
Bananas

21

Salisbury Steak w Biscuit,
Mashed Potato, Green
Beans
Or Crispy Chicken Wrap
Pears

22

Sweet Potato Fish w
Corn Bread, Spiral Fries
& corn
Or Turkey & Cheese
Honeydew

23

Cheeseburger
Macaroni w Garlic
Knot, Garden Salad &
Carrots Or Turkey Ham
& Cheese
Oranges

24

Pizza Calzone w Potato
Tots & Carroteenies &
Pizza Hummus
Or Chicken Caesar Wrap
Apples

27

Boneless Wings w
Crinkle Fries & Broccoli
Or American Cold Cut
Bananas

28

Cheeseburger Calzone,
Potato Wedges &
Carrots
Or Chicken Wrap
Pears

29

Oven Fried Chicken w
Biscuit, Green Beans &
Celery Sticks w Hummus
Or Turkey & Cheese
Apple Slices

30

Waffles & Turkey
Bacon, Home Fries &
Carrots
Or Turkey Ham &
Cheese
Oranges

31