

JANUARY 2025 COMMUNITY EDUCATION BUILDING

BREAKFAST



Daily Offerings: Cereal Variety, pancake variety, Assorted Bagels and Cream Cheese, Fresh Fruit, Milk Variety



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**No Service
Snow Day**

6

Egg White & Cheese
English Muffin

7

Pears

WG Strawberry Pancakes
or Egg white & Cheese
English Muffin

8

Bananas

WG Chocolate Crescent

Apple Slices

9

Turkey Bacon, Egg &
Cheese on WG Croissant

10

Orange Wedges

Apple Glazed Doughnut
Holes

13

Apples

Beef Sausage Pancake
Sandwich

14

Pears

WG Strawberry Stromboli

15

Bananas

WG Blueberry Pancakes

16

Apple Slices

WG French Toast Sticks
w/ Turkey Bacon

17

Orange Wedges

**No Service
MLK Day**

20

Turkey Ham & Cheese on
WG Croissant

21

Pears

WG Blueberry Waffles

22

Bananas

Jimmy Dean Breakfast
Sticks

23

Apple Slices

WG Confetti Pancakes

24

Orange Wedges

WG Dutch Waffle

27

Apples

Cinnamon Toast Crunch
WG Breakfast Bar

28

Pears

Fruit & Yogurt Parfait w/
WG Granola

29

Bananas

Turkey Sausage & Egg
White on WG English
Muffin

30

Apple Slices

Beef Chorizo Breakfast
Stick

31

Orange Wedges