

NOVEMBER 2024

BREAKFAST



School Information: Daily Offerings: Cereal Variety, Assorted Breakfast Bread, Assorted Yogurts, Bagels and Cream Cheese, Fresh Fruit and Variety Milks



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



WG Breakfast Honey Bun

4

Whole Apples

No Service

5

WG Blueberry Waffles

6

Whole Pears

WG Jimmy Dean Breakfast Sticks

7

Apple Slices

WG French Toast Sticks w/Turkey Bacon

1

Fruit Variety

WG Confetti Pancakes

8

Fruit Variety

Veterans Day

11

No Service

WG Cinnamon Toast Crunch Bar

12

Bananas

Turkey Bacon, Egg & WG Biscuit

13

Whole Pears

Turkey Sausage & Egg Whites on WG English Muffin

14

Apple Slices

WG Beef Chorizo Breakfast Wrap

15

Fruit Variety

Turkey Ham & Cheese on WG Croissant

18

Whole Apples

WG Fruit Loop Waffles

19

Bananas

Pillsbury WG Cinnis Minni's

20

Whole Pears

Fruit & Yogurt Parfait w/WG Granola

21

Apple Slices

Turkey Sausage, Egg & Cheese on WG Croissant

22

Fruit Variety

Chicken Sausage on WG Pancake Sandwich

25

Whole Apples

WG Cinnamon Toast Crunch French Toast

26

Bananas

WG Strawberry Pancakes

27

Whole Pears

WG Chocolate Crescent

28

Apple Slices

Turkey Bacon, Egg & Cheese on WG Croissant

29

Fruit Variety