OCTOBER 2024

Daily Lunch Option: Soy Butter & Jelly Sandwich, Assorted Salads, Pizza, Carroteenies, Celery Sticks, Cucumber Slices, Hummus Cups, Fresh Fruit, Assorted Milk

October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 WG Chicken Empanada, Spanish Rice Seasoned Broccoli Or American Cold Cut Pears	**2** Salisbury Steak w WG Biscuit, Mashed Potatoes Or Tukey & Cheese Bananas	**3** Cheese Stuffed Raviolo w Bread Stick, Sauteed Spinach Or Turkey & Cheese Watermelon	**4** Cheeseburger Macaroni W Garlic Knot, Garden Salad Or Turkey Ham and Cheese Fruit Cups
7 Buffalo Chicken or Cheese Pizza w Crinkle Fries Or Chicken Caesar Wrap Apples	**8** Chicken Nacho w Dorito's & Corn on the Cob Or American Cold Cut Sub Pears	**9** Beef Cheesesteak on WG Bun w Potato Wedges Or Crispy Chicken Wrap Bananas	**10** Chicken Alfredo & Broccoli Or Turkey & Cheese Fruit Mix	**11** WG Waffles & Turkey Bacon w Seasoned Potatoes Or Turkey Ham & Cheese Peaches
14 Max Sticks, Caesar Salad Or Chicken Caesar Wrap Apples	**15** Regular Or Spicy Chicken Sandwich, Spiral Fries Or American Cold Cut Pears	**16** Chicken Corn Dog Nuggets, Baked Beans Or Crispy Chicken Wrap Plums	**17** Chicken Tenders, Broccoli Or Turkey & Cheese Pineapples	**18** BBQ Wings, w WG Macaroni, Collard Greens Or Turkey Ham & Cheese Fruit Cups
21 Mozzarella Cheese Stick W Sauce Cups, Crispy Fries Or American Cold Cut Sub Pears	**22** Popcorn Chicken, Onion Rings Or Crispy Chicken Wrap Peaches	**23** Beef Nacho W Tostito, Corn on the Cob Or Crispy Chicken Wrap Cantaloupe	**24** WG Fish Sandwich w Cheese, Potato Wedges Or Tukey & Cheese Pineapples	**25** General Tso Chicken, Broccoli, Celery Sticks Or Turkey Ham & Cheese Fruit Cups
28 Sweet Potato Fish Nuggets, Curly Fries, Or Chicken Caesar Wrap Apples	**29** Cheese Lasagna, w Stuffed Bread Sticks, Caesar Salad Or American Cold Cut Pears	**30** Cheeseburger on WG Bun, Potato Salad Or Crispy Chicken Wrap Bananas	**31** Fried Chicken, Garlic Knot, Green Beans Or Turkey & Cheese Honeydew	