

# Community Education Building's Dinning Hall Weekly Menu For Kuumba and Great Oaks Academies

	11/27	11/28	11/29	11/30	12/1
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	French Bread Pizza	Spaghetti & Meatballs w/ WG Cheesy Bread	Salisbury Steak w Biscuit	BBQ Chicken Sandwich	General Tso w/ Brown Rice
Entrée 2	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Hot Sides	French Fries	Ceasar Salad	Mashed Potato	Baked Beans	Steamed Broccoli
	Carroteenies	Cucumber Slices	Green Beans	Sweet Fries	Steamed Carrots
Option 1	Chicken Caesar Wrap	Turkey & Cheese	American Cold Cut w/ Lett & Tomato	Turkey, Bacon, BBQ Wrap	Turkey Ham & Cheese on Wheat roll
Option 2	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper	Chef Salad w Garlic Knot w Turkey & Ham	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper
Coldside Side options	Carroteenies, Veggie Crackers & Hummus	Cucumber Slices, Potato Salad & Goldfish	Celery Sticks w Soy Butter, Carroteenies & Goldfish	Poatato Salad, Broccoli Bites, Hummus & Veggie Crackers	Broccoli Bites, Carroteenies & Hummus
Fruit of the Day	Apples	Pears	Bananas	Grapes	Fruit Cups

As part of the Community Education Buildings Commitment to Healthy Eating we use only Fresh or Fresh Frozen Vegetables and Serve only Fresh Fruit. Also all Breads and Breadding are made with a minium of 51% Whole Wheat Flour. Fat free Chocolate & Strawberry and 1% Plain Milk is offered daily.

# Community Education Building's Dinning Hall Weekly Menu For Kuumba and Great Oaks Academies

12/4	12/5	12/6	12/7	12/8
Monday	Tuesday	Wednesday	Thursday	Friday

Entrée 1	Pepperoni Stuffed Crust Pizza	Chicken Nacho w/ Tostito's	Beef Cheese Steak	Grilled Cheese	Chicken & Waffles
Entrée 2	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Hot Sides	French Fries	Black Beans	Smiley Fries	Tater Tots	Roasted Zuchinni
	Carroteenies	Steamed Corn	Cucumber Slices	Steamed Broccoli	Steamed Carrots (6oz)

Option 1	Chicken Caesar Wrap or PB&J	Turkey & Cheese or PB&J	American Cold Cut w/ Lett & Tomato or PB&J	Turkey, Bacon, BBQ Wrap or PB&J	Turkey Ham & Cheese or PB&J
Option 2	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper	Chef Salad w Garlic Knot w Turkey & Ham	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper
Coldside Side options	Carroteenies, Veggie Crackers & Hummus	Cucumber Slices, Potato Salad & Goldfish	Celery Sticks w Soy Butter, Carroteenies & Goldfish	Poatato Salad, Broccoli Bites, Hummus & Veggie Crackers	Broccoli Bites, Carroteenies & Hummus

Fruit Of the Day	Apples	Pears	Peaches	Canteloupe	Fruit Cups
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# Community Education Building's Dinning Hall Weekly Menu For Kuumba and Great Oaks Academies

	12/11	12/12	12/13	12/14	12/15
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	Buffalo Chicken Pizza	Regular or Spicy Chicken Sandwich	Cheese Burger	Roasted Turkey w Garlic Knot	BBQ Wings w/ Celery Sticks
Entrée 2	Cheese Pizza	Cheese Pizza	Cheese Pizza	Sweet Potato Pie	Cheese Pizza
Hot Sides	Caesar Salad	French Fries	Baked Beans	Mashed Potatoes	Collard Green
	Carroteenies	Green Beans	Sweet Potato Fries	Glazed Carrots	Mac & Cheese
Option 1	Chicken Caesar Wrap or PB&J	Turkey & Cheese or PB&J	American Cold Cut w/ Lett & Tomato or PB&J	Turkey, Bacon, BBQ Wrap or PB&J	Turkey Ham & Cheese or PB&J
Option 2	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper	Chef Salad w Garlic Knot w Turkey & Ham	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper
Cold side Side options	Carroteenies, Veggie Crackers & Hummus	Cucumber Slices, Potato Salad & Goldfish	Celery Sticks w Soy Butter, Carroteenies & Goldfish	Poatato Salad, Broccoli Bites, Hummus & Veggie Crackers	Broccoli Bites, Carroteenies & Hummus
Fruit of the Day	Apples	Pears	Plums	Pineapple	Fruit Cups

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# Community Education Building's Dinning Hall Weekly Menu For Kuumba and Great Oaks Academies

	12/18	12/19	12/20	12/21	12/22
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	Pizza Quesadilla	Popcorn Chicken	Beef Nacho w Dorito	Fried Chicken w Garlic Knot	General Tso Chicken w Brown Rice
Entrée 2	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Hot Sides	French Fries	Onion Rings	Black Beans	Mashed Potatoes	Steamed Broccoli
	Carroteenies	Sweet Tots	Steamed Corn	Green Beans	Steamed Carrots
Option 1	Chicken Caesar Wrap or PB&J	Turkey & Cheese or PB&J	American Cold Cut w/ Lett & Tomato or PB&J	Turkey, Bacon, BBQ Wrap or PB&J	Turkey Ham & Cheese or PB&J
Option 2	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper	Chef Salad w Garlic Knot w Turkey & Ham	Garden Salad w Garlic Knot and Choice of Chicken or Tuna Topper	Ceasar Salad w Garlic Knot and Choice of Chicken or Salmon Topper
Coldside Side options	Carroteenies, Veggie Crackers & Hummus	Cucumber Slices, Potato Salad & Goldfish	Celery Sticks w Soy Butter, Carroteenies & Goldfish	Poatato Salad, Broccoli Bites, Hummus & Veggie Crackers	Broccoli Bites, Carroteenies & Hummus
Fruit of the Day	Apples	Pears	Bananas	Honeydew	Fruit Cups

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