

Community Education Building's Dinning Hall Weekly Menu For Kuumba Academy and Great Oaks Charter School

	8/22	8/23	8/24	8/25	8/26
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	Chicken & Waffles	Spicy Chicken Sandwich on Wheat Roll	Beef Cheesesteak	Chicken Nachos w/ Pico	Orange Chicken
Entrée 2	Cheese Pizza	Shrimp Poppers	Cheese Pizza	Chicken Quesdillas w/ Salsa cup	Cheese Pizza
Hot Sides	Sweet Potato Tots	Fries	Smiley Fries	Baked Black Beans	Brown Rice
	Carroteenies	Green Beans	Cucumber Slices	Corn	Stir-fried Broccoli Stir-fried carrots
Option 1	Chicken Ceasar Wrap	Turkey & Cheese on Wheat Roll	American Cold Cut w/ Lett & Tomato	Turkey Ham & Cheese on Wheat roll	Turkey, Bacon, BBQ Wrap
Option 2	Garden salad w/ Garlic Knot, choice of Chicken or Tuna Salad	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken or Salmon	Chef Salad w/ Garlic Knot, Sliced lunch meats & Cheese	Garden salad w/ Garlic Knot choice of Grilled Chicken or Salmon	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken
Coldside Side options	Carroteenies, Goldfish, & Roasted Chickpeas	Cucumber Slices, Roasted Chickpeas, & Goldfish	Celery Sticks, w/ Soybutter, carroteenies, & Goldfish	Potato Salad, Broccoli bites, Roasted Chickpeas, & Goldfish	Broccoli Bites, Carroteenies, & Roasted Chickpeas
Fruit Of the Day	Apple Slices	Bananas	Pears	Orange Wedges	Chef's Choice

As part of the Community Education Buildings Commitment to Healthy Eating we use only Fresh or Fresh Frozen Vegetables and Serve only Fresh Fruit. Also all Breads and Breading are made with a minium of 51% Whole Wheat Flour. Fat free Chocolate & Strawberry and 1% Plain Milk is offered daily.

Community Education Building's Dinning Hall Weekly Menu For Kuumba Academy and Great Oaks Charter School

	8/29	8/30	8/31	9/1	9/2
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	Pepperoni(turkey) Pizza	BBQ Chicken w/ wheat dinner rolls	Cheese Burger	Chicken Tenders	BBQ Wings
Entrée 2	Chicken Tenders	Stuffed Crust Cheese Pizza	Mozzarella Sticks w/ Marinara Sauce	Stuffed Crust Cheese Pizza	Mozzarella Sticks w/ Marinara Sauce
Hot Sides	Carroteenies	Au Gratin Potatoes	Baked Beans	Glazed Carrots	Collard Greens & Celery sticks
	Caesar Salad	Green Beans	Sweet Potato Tots	Curly Fries	Mac & Cheese, Dinner roll
Option 1	Chicken Caesar Wrap	Turkey & Cheese on Wheat Roll	American Cold Cut w/ Lett & Tomato	Turkey Ham & Cheese on Wheat roll	Turkey, Bacon, BBQ Wrap
Option 2	Garden salad w/ Garlic Knot, choice of Chicken or Tuna Salad	Cesar Salad w/ Garlic Knot, Choice of Grilled Chicken or Salmon	Chef Salad w/ Garlic Knot, Sliced lunch meats & Cheese	Garden salad w/ Garlic Knot choice of Grilled Chicken or Salmon	Cesar Salad w/ Garlic Knot, Choice of Grilled Chicken
Cold side Side options	Carroteenies, Goldfish, & Roasted Chickpeas	Cucumber Slices, Roasted Chickpeas, & Goldfish	Celery Sticks, w/ Soy butter, Carroteenies, & Goldfish	Potato Salad, Broccoli bites, Roasted Chickpeas, & Goldfish	Broccoli Bites, Carroteenies, & Roasted Chickpeas
Fruit of the Day	Apple Slices	Bananas	Pears	Orange Wedges	Chef's Choice

As part of the Community Education Buildings Commitment to Healthy Eating we use only Fresh or Fresh Frozen Vegetables and Serve only Fresh Fruit. Also all Breads and Breading are made with a minimum of 51% Whole Wheat Flour. Fat free Chocolate & Strawberry and 1% Plain Milk is offered daily.

Community Education Building's Dinning Hall Weekly Menu For Kuumba Academy and Great Oaks Charter School

	9/5	9/6	9/7	9/8	9/10
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	French Toast w/ Turkey Bacon	Spicy Chicken Sandwich on Wheat Roll	Meat & Cheese Lasagna w/ Bread stick	Chicken Nachos w/ Pico	General Tso
Entrée 2	Cheese Pizza	Shrimp Popper	Cheese Pizza	Chicken Quesdillas w/ Salsa cup	Cheese Pizza
Hot Sides	Roasted Butternut Squash	Fries	Spinach	Baked Black Beans	Brown Rice
	Cucumber Slices	Glazed Carrots	Green Beans	Corn	Stir-fried Broccoli Stir-fried carrots
Option 1	Chicken Ceasar Wrap	Turkey & Cheese on Wheat Roll	American Cold Cut w/ Lett & Tomato	Turkey Ham & Cheese on Wheat roll	Turkey, Bacon, BBQ Wrap
Option 2	Garden salad w/ Garlic Knot, choice of Chicken or Tuna Salad	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken or Salmon	Chef Salad w/ Garlic Knot, Sliced lunch meats & Cheese	Garden salad w/ Garlic Knot choice of Grilled Chicken or Salmon	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken
Coldside Side options	Carroteenies, Goldfish, & Roasted Chickpeas	Cucumber Slices, Roasted Chickpeas, & Goldfish	Celery Sticks, w/ Soybutter, carroteenies, & Goldfish	Potato Salad, Broccoli bites, Roasted Chickpeas, & Goldfish	Broccoli Bites, Carroteenies, & Roasted Chickpeas
Fruit of the Day	Apple Slices	Bananas	Pears	Orange Wedges	Chef's Choice

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Community Education Building's Dinning Hall Weekly Menu For Kuumba Academy and Great Oaks Charter School

	9/12	9/13	9/14	9/15	9/16
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	Pizza	Oven Roasted Chicken w/ wheat dinner rolls	Cheese Burger	Chicken Tenders	Buffalo Wings
Entrée 2	Mozzarella Sticks	Stuffed Crust Cheese Pizza	Shrimp Poppers	Stuffed Crust Cheese Pizza	Shrimp Poppers
Hot Sides	Carroteenies	Mashed Sweet Potatoes	Baked Beans	Glazed Carrots	Collard Greens & Celery sticks
	Fries	Green Beans	Sweet Potato Tots	Curly Fries	Mac & Cheese, Dinner roll
Option 1	Chicken Ceasar Wrap	Turkey & Cheese on Wheat Roll	American Cold Cut w/ Lett & Tomato	Turkey Ham & Cheese on Wheat roll	Turkey, Bacon, BBQ Wrap
Option 2	Garden salad w/ Garlic Knot, choice of Chicken or Tuna Salad	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken or Salmon	Chef Salad w/ Garlic Knot, Sliced lunch meats & Cheese	Garden salad w/ Garlic Knot choice of Grilled Chicken or Salmon	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken
Coldside Side options	Carroteenies, Goldfish, & Roasted Chickpeas	Cucumber Slices, Roasted Chickpeas, & Goldfish	Celery Sticks, w/ Soybutter, carroteenies, & Goldfish	Potato Salad, Broccoli bites, Roasted Chickpeas, & Goldfish	Broccoli Bites, Carroteenies, & Roasted Chickpeas
Fruit of the Day	Apple Slices	Bananas	Pears	Orange Wedges	Chef's Choice

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Community Education Building's Dinning Hall Weekly Menu For Kuumba Academy and Great Oaks Charter School

	9/19	9/20	9/21	9/22	9/23
	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée 1	Cheese Pizza	Spicy Chicken Sandwich on Wheat Roll	Beef Cheesesteak	Chicken Nachos w/ Pico	Orange Chicken
Entrée 2	Stuffed Crust Cheese Pizza	Shrimp Poppers	Cheese Pizza	Chicken Quesdillas w/ Salsa cup	Cheese Pizza
Hot Sides	Caesar Salad	Sweet Potato Tots	Smiley Fries	Baked Black Beans	Brown Rice
	Carroteenies	Green Beans	Cucumber Slices	Corn	Stir-fried Broccoli Stir-fried carrots
Option 1	Chicken Ceasar Wrap	Turkey & Cheese on Wheat Roll	American Cold Cut w/ Lett & Tomato	Turkey Ham & Cheese on Wheat roll	Turkey, Bacon, BBQ Wrap
Option 2	Garden salad w/ Garlic Knot, choice of Chicken or Tuna Salad	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken or Salmon	Chef Salad w/ Garlic Knot, Sliced lunch meats & Cheese	Garden salad w/ Garlic Knot choice of Grilled Chicken or Salmon	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken
Coldside Side options	Carroteenies, Goldfish, & Roasted Chickpeas	Cucumber Slices, Roasted Chickpeas, & Goldfish	Celery Sticks, w/ Soybutter, carroteenies, & Goldfish	Potato Salad, Broccoli bites, Roasted Chickpeas, & Goldfish	Broccoli Bites, Carroteenies, & Roasted Chickpeas
Fruit of the Day	Apple Slices	Bananas	Pears	Orange Wedges	Chef's Choice

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Community Education Building's Dinning Hall Weekly Menu For Kuumba Academy and Great Oaks Charter School

9/26	9/27	9/28	9/29	9/30
Monday	Tuesday	Wednesday	Thursday	Friday

Entrée 1	Pepperoni(turkey) Pizza	Oven Roasted Chicken with Dinner rolls	Cheese Burger	Chicken Tenders	BBQ Wings
Entrée 2	Mozzarella Sticks	Stuffed Crust Cheese Pizza	Shrimp Poppers	Stuffed Crust Cheese Pizza	Shrimp Poppers
Hot Sides	Carroteenies	Au Gratin Potatoes	Baked Beans	Glazed Carrots	Collard Greens & Celery sticks
	Ceasar Salad	Green Beans	Sweet Potato Tots	Curly Fries	Mac & Cheese, Dinner roll

Option 1	Chicken Ceasar Wrap	Turkey & Cheese on Wheat Roll	American Cold Cut w/ Lett & Tomato	Turkey Ham & Cheese on Wheat roll	Turkey, Bacon, BBQ Wrap
Option 2	Garden salad w/ Garlic Knot, choice of Chicken or Tuna Salad	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken or Salmon	Chef Salad w/ Garlic Knot, Sliced lunch meats & Cheese	Garden salad w/ Garlic Knot choice of Grilled Chicken or Salmon	Ceasar Salad w/ Garlic Knot, Choice of Grilled Chicken
Coldside Side options	Carroteenies, Goldfish, & Roasted Chickpeas	Cucumber Slices, Roasted Chickpeas, & Goldfish	Celery Sticks, w/ Soybutter, carroteenies, & Goldfish	Potato Salad, Broccoli bites, Roasted Chickpeas, & Goldfish	Broccoli Bites, Carroteenies, & Roasted Chickpeas

Fruit of the Day	Apple Slices	Bananas	Pears	Orange Wedges	Chef's Choice
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